<u>1 ON 3 RULES</u>

- 1. All games will start with a 5 minute warm-up and consist of one 40 minute straight time period.
- 2. All players must wear standard CSA approved equipment, including neck guards.
- 3. All players must have been registered with SHA within the past year.
- 4. Penalties will be penalty shots. The penalized player will put one knee down at the bottom of the face-off circle at centre ice. The player taking the shot will start with the puck at center ice. All other players will be on the far blue line. The official will blow the whistle the penalized player gets up and chases the player taking the shot. As soon as the shot is made or the player is caught, the puck is in play immediately.
- 5. No Icings will be called and no red line.
- 6. Once a goaltender covers the puck, all offensive players must give the goalie room to play the puck (about the hash marks).
- 7. When a goal is scored, the opposing team must clear the zone (outside the blue line). Once all members have cleared the zone, you can re-enter the zone for attack. No face-offs.
- 8. Off sides will be called and the puck is to be turned over to the opposing team (no face-offs). The official will blow whistle to signal off sides.
- 9. NO BODY CHECKING ALLOWED IN ANY DIVISION. Any player assessed a major or match penalty, a "checking from behind", or misconduct for abuse of an on ice or off ice official, WILL BE EJECTED FROM THE ENTIRE 3 ON 3 SESSION WITH NO REFUND.

 NO SLAP SHOT ALLOWED IN ANY DIVISION. Any player who does so WILL BE EJECTED FROM THE ENTIRE 3 ON 3 SESSION WITH NO REFUND.
- 10. The on ice official will not tolerate any questioning of the calls made. A zero tolerance policy is in effect.
- 11. The score of the game will not be posted on the score clock.
- 12. Games will be played with one official.

FUN, CONDITIONING, FAIR PLAY